

READY2RECOVERCNY AWARD AGREEMENT

We are a non-profit, all-volunteer organization committed to helping persons of central New York suffering from addiction by providing financial assistance for long-term treatment to those in fiscal need. Our motto is: SAVING LIVES, ONE AT A TIME

We believe that:

- addiction treatment must be long-term and abstinence-based;
- a “twelve-step” recovery program is critical to an abstinence-based treatment protocol;
- success depends on a temporary absence from the “people, places, and things” that trigger SUD

The cost of high-quality rehab is high, and for those out of state, not covered by Medicaid health insurance. R2RCNY has negotiated significant cost discounts with the programs that we use, but it still costs \$21-25,000 per person to provide this opportunity to EACH person. Since R2RCNY does not directly provide programming, we are not eligible to receive any local or state program funding. Thus, all of our funding must come from individual donors. We receive money from Facebook fundraisers, local restaurant promotions, appeal letters, and community events, like concerts.

For approved applicants, we provide:

- one way transportation to a quality, long-term rehab
- 90 days of inpatient care
- 90 days of sober living housing
- continuous support from a volunteer navigator throughout the first year

In exchange for these services, we request:

- a sincere commitment to complete both the 90 days of inpatient care and the 90 days of sober living housing
- a sincere commitment to remain in the rehab city, living and working, for an additional 6 months
- upon completion of the initial 90 days, a testimonial about your experience with R2RCNY in the form of a written letter, a selfie video clip, or something similar, which can be used to inform our community and solicit donations
- upon reaching sober living, a head shot or selfie of sufficient quality that can be used in promotional materials for R2RCNY
- upon reaching the 1 year anniversary of sobriety, be willing to serve on our Candidate Selection Board to help evaluate future applicants

When entering sober living, alumni will be encouraged to find employment. They will need to earn an income to pay for food and incidentals, although they have the option to apply for food stamps as well. At the end of the first six months, the alumni will be required to arrange for their own housing. Since most begin working within a week of entering sober living, they are usually financially able to support themselves at that point. There are sober living options in the area from which to choose, such as Oxford houses. They are required to remain living in the area for an additional 6 months in order to solidify their sobriety and reduce the risk of relapse that often comes with returning home.

Family Participation:

We feel strongly that in order for the person with addiction to fully recover, their family must also work on their own recovery. Our experience has shown that families who do this are much more likely to see progress in the person with addiction. Therefore, we have begun asking the following from family members:

1. Attend a Nar-Anon, Al-Anon, or individual therapy session.
2. Volunteer for R2RCNY: such might include attending monthly volunteer meetings, staffing an information table, helping organize and run fundraisers, or other duties as needed.
3. Make a regular financial donation commensurate with their income to help fund the next person's treatment.