



Let us help you navigate the world of addiction, treatment and recovery, for yourself or a loved one. Join us if you need help, or if you're able to help us save lives, one at a time.

Resources and Connections - FREE event and Narcan training

This informational community event is hosted by [Ready2RecoverCNY](#), an all-volunteer non-profit that is working to address the **Opioid Epidemic** in CNY.

**If you're interested in attending an Information Night,
please email r2rcnycb@gmail.com**

Community

- The opioid epidemic and substance use are **community problems** and they will take a whole community to address it. Contact me if you would like to have a meeting in your area.

Prevention

- Interventions are available to keep kids from experimenting with drugs.

Support

- R2RCNY has a team of advocates who have been through the struggles of addiction either themselves or with a loved one.
- As a team we are able to assist local residents and their families find the support they need.
- Our volunteers can help assist family members

Obstacles

- Obstacles and challenges people can face while trying to find help.
- We have a good understanding of the area organizations and contacts who can help.

Stigma

- Stigma plays a critical role in the journey of addiction and recovery.
- Most people know someone who struggles with addiction but it's still so taboo to talk about. Let's open up the dialog.

Process of Getting Treatment

- Where do we even begin? When you have a loved one who is suffering, who do you call? If you don't have a primary doctor you're left with the internet as your guiding light.
- There is more to recovery than the initial 28 day inpatient program. If an individual doesn't have the right continuing care, aftercare and support network, long term recovery is far more difficult.

Resources

- We can help you make a connection to the right resource.

Harm Reduction

- Essential and life-saving for anyone who is actively using drugs and the people who care about them.

Narcan Training

- Each meeting will offer **Narcan training and a take-home rescue kit.**

Contact Colleen Buxton at R2RCNYCB@gmail.com

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