

Let us help you navigate the world of addiction, treatment and recovery, for yourself or a loved one. Join us if you need help, or if you're able to help us save lives, one at a time.

Resources and Connections - FREE event and Narcan training

This informational community event is hosted by Ready2RecoverCNY, an all-volunteer non-profit that is working to address the **Opioid Epidemic** in CNY.

Everyone is invited to attend our Information Night

Liverpool Public Library 310 Tulip Street Liverpool, New York 13088

When: Thursday July 10, 2025 6:00 pm

Community

• The opioid epidemic and substance use are **community problems** and they will take a whole community to address it. Contact me if you would like to have a meeting in your area.

Prevention

• Interventions are available to keep kids from experimenting with drugs.

Support

- R2RCNY has a team of advocates who have been through the struggles of addiction either themselves or with a loved one.
- As a team we are able to assist local residents and their families find the support they need.
- Our volunteers can help assist family members

Obstacles

- Obstacles and challenges people can face while trying to find help.
- We have a good understanding of the area organizations and contacts who can help.

Stigma

- Stigma plays a critical role in the journey of addiction and recovery.
- Most people know someone who struggles with addiction but it's still so taboo to talk about. Let's open up the dialog.

Process of Getting Treatment

- Where do we even begin? When you have a loved one who is suffering, who do you call? If you don't have a primary doctor you're left with the internet as your guiding light.
- There is more to recovery than the initial 28 day inpatient program. If an individual doesn't have the right continuing care,
- aftercare and support network, long term recovery is far more difficult.

Resources

• We can help you make a connection to the right resource.

Harm Reduction

• Essential and life-saving for anyone who is actively using drugs and the people who care about them.

Narcan Training

• Each meeting will offer Narcan training and a take-home rescue kit.

Contact Colleen Buxton at <u>R2RCNYCB@gmail.com</u>